

Zeitplan Frühjahrssportfest + Regionalmeisterschaft lange Staffeln am 07.05.2022

|       | U10 männl.            | U10 weibl.            | U12 männl.             | U12 weibl. <sup>2)</sup>    |                             | U14 männl.                 | U14 weibl.                  | U16 männl.                 | U16 weibl.              | U18 männl.              | U18 weibl.              | U20 männl. + Männer       | U20 weibl. + Frauen      |
|-------|-----------------------|-----------------------|------------------------|-----------------------------|-----------------------------|----------------------------|-----------------------------|----------------------------|-------------------------|-------------------------|-------------------------|---------------------------|--------------------------|
| 10.00 |                       |                       |                        |                             |                             | 75m ZL<br>14 TN / 2 ZL     |                             | Speer <sup>1)</sup>        | Hoch                    |                         | Weit 2 <sup>1)</sup>    |                           | Weit 2 <sup>1)</sup>     |
| 10.15 |                       |                       | Ball                   |                             |                             |                            | 75m ZL<br>15 TN / 2 ZL      | 11 TN                      | AH: 1,20m               |                         | 12 TN                   |                           | 8+3 TN                   |
| 10.30 |                       |                       | 17 TN                  |                             |                             |                            |                             |                            | 12 TN                   | 1.500m                  | 1500m                   | 1.500m                    | 1500m                    |
| 10.45 |                       |                       | 3 Vers.!               |                             |                             |                            |                             |                            |                         | 100m ZL<br>10 TN / 2 ZL |                         |                           |                          |
| 11.00 |                       |                       |                        |                             |                             |                            |                             |                            |                         |                         |                         | 100m ZL<br>4+13 TN / 3 ZL |                          |
| 11.15 |                       |                       |                        | Ball                        |                             |                            |                             | 100m ZL<br>20 TN / 3 ZL    |                         |                         |                         |                           |                          |
| 11.30 |                       |                       |                        | 24 TN                       |                             | Hoch                       | Hoch                        |                            | 100m ZL<br>28 TN / 4 ZL |                         |                         |                           |                          |
| 11.45 |                       |                       |                        | 3 Vers.!                    |                             | AH: 1,10m                  | AH: 1,10m                   |                            |                         | Weit 2 <sup>1)</sup>    | 100m ZL<br>13 TN / 2 ZL | Weit 2 <sup>1)</sup>      |                          |
| 12.00 |                       |                       |                        |                             |                             | 3 TN                       | 3 TN                        |                            |                         | 11 TN                   |                         | 3+10 TN                   | 100m ZL<br>9+5 TN / 2 ZL |
| 12.15 |                       |                       |                        |                             |                             |                            |                             |                            |                         |                         |                         |                           |                          |
| 12.30 |                       |                       | 50m ZL<br>25 TN / 4 ZL |                             |                             | Speer <sup>1)</sup>        | Speer <sup>1)</sup>         |                            |                         |                         |                         |                           |                          |
| 12.45 |                       |                       |                        | W10:<br>Weit 1b             |                             | 4 TN                       | 4 TN                        |                            |                         |                         |                         |                           |                          |
| 13.00 |                       |                       |                        | 14 TN                       | W11: 50m ZL<br>22 TN / 3 ZL |                            |                             |                            |                         |                         |                         |                           |                          |
| 13.15 |                       |                       |                        | 3 Vers.!                    |                             |                            |                             | Hoch                       |                         |                         | 200m F<br>4 TN          |                           | 200m F<br>3+1 TN         |
| 13.30 |                       |                       | Weit 1a                |                             |                             |                            |                             | AH: 1,30m                  | Speer <sup>1)</sup>     | 200m ZL<br>9 TN / 2 ZL  |                         | 200m ZL<br>2+9 TN / 2 ZL  |                          |
| 13.45 | 50m F<br>5 TN         | 50m ZL<br>9 TN / 2 ZL | 27 TN                  |                             |                             |                            |                             | 21 TN                      | 13 TN                   |                         |                         |                           |                          |
| 14.00 |                       |                       | 3 Vers.!               | W10: 50m ZL<br>14 TN / 2 ZL | W11:<br>Weit 1b             |                            |                             |                            |                         |                         |                         |                           |                          |
| 14.15 | 800m<br>4 TN          | 800m<br>9 TN          |                        |                             | 22 TN                       |                            |                             |                            |                         |                         |                         |                           |                          |
| 14.30 |                       |                       |                        |                             | 3 Vers.!                    | M13: 60m Hü.<br>10 TN/2 ZL |                             |                            |                         |                         |                         |                           |                          |
| 14.45 |                       |                       |                        |                             |                             |                            | W13: 60m Hü.<br>6 TN / 1 ZL |                            |                         |                         |                         |                           |                          |
| 15.00 |                       |                       |                        |                             |                             |                            |                             | 80m Hü. ZL<br>25 TN/5 ZL   | Speer                   | Speer                   | Kugel                   | Kugel                     |                          |
| 15.15 | Weit 1a <sup>1)</sup> | Weit 1a <sup>1)</sup> |                        |                             |                             |                            |                             |                            | 3 TN                    | 4 TN                    | 1+4 TN                  | 2 TN                      |                          |
| 15.25 | 5 TN                  | 9 TN                  |                        |                             |                             |                            |                             | 80m Hü. ZL<br>19 TN / 4 ZL |                         |                         |                         |                           |                          |
| 15.45 |                       |                       | 3 x 800m<br>7 St.      |                             |                             |                            |                             |                            |                         |                         |                         |                           |                          |
| 16.00 |                       |                       |                        | 3 x 800m<br>5 St.           |                             |                            |                             |                            |                         |                         |                         |                           |                          |
| 16.15 |                       |                       |                        |                             |                             | 3 x 800m<br>2 St.          | 3 x 800m<br>3 St.           |                            |                         |                         |                         |                           |                          |
| 16.30 |                       |                       |                        |                             |                             |                            |                             |                            | 3 x 800m<br>3 St.       |                         |                         |                           |                          |
| 16.45 |                       |                       |                        |                             |                             |                            |                             | 3 x 1.000m<br>5 St.        |                         |                         |                         |                           |                          |

<sup>1)</sup> Begrenzung auf 4 Versuche für alle TN

<sup>2)</sup> gemeinsame Wertung beider Jahrgänge, auch bei Weit und 50m